

Understanding Autism - Resources

Recommended videos/ links

Amazing things happen: <https://www.bing.com/videos/search?q=amzing+things+happen&qpv=amzing+things+happen&view=detail&mid=629B591BE98A5D52B406629B591BE98A5D52B406&&FORM=VRDGAR>

The National Autistic Society YouTube channel: https://www.youtube.com/channel/UCo-1Gt-7Djyj6rUR-ro_FNA

Autism information station: <https://geekclubbooks.com/bluebee-teevee-autism-information-station/>

Young people explain Autism: <https://www.bing.com/videos/search?q=explaining+autism+to+young+peopl&&view=detail&mid=73EDE3547D11604AA55573EDE3547D11604AA555&rvsmid=C76E338AF4FD6C085892C76E338AF4FD6C085892&FORM=VDRVRV>

Young people explain communication: <https://www.bing.com/videos/search?q=explaining+autism+to+young+peopl&&view=detail&mid=B8C0F48AE6DB310FAF93B8C0F48AE6DB310FAF93&&FORM=VDRVSR>

Young people explain stimming: <https://www.bing.com/videos/search?q=explaining+autism+to+young+peopl&&view=detail&mid=09EC2D72ED98B38A16AC09EC2D72ED98B38A16AC&&FORM=VDRVSR>

Young people explain meltdowns: <https://www.bing.com/videos/search?q=explaining+autism+to+young+peopl&&view=detail&mid=0E59A6B943D9E1DC9A7E0E59A6B943D9E1DC9A7E&&FORM=VDRVSR>

Young people explain shutdowns: <https://www.bing.com/videos/search?q=explaining+autism+to+young+peopl&&view=detail&mid=C76E338AF4FD6C085892C76E338AF4FD6C085892&&FORM=VDRVSR>

Poem about education: <https://www.youtube.com/watch?v=4ZwjjLwHJOU>

Pablo's world: <https://www.bbc.co.uk/cbeebies/joinin/pablo-talking-to-your-child-about-autism>

Recommended books

Fiction:

- A Kind of Spark – Ellie McNicoll

- State of Grace – Rachael Lucas
- Underdogs series – Chris Bonello
- Curious Incident of the Dog in the Night-time – Mark Haddon
- Can you see me? – Libby Scott
- Stim: an autistic anthology – edited by Lizzie Huxley-Jones
- M is for Autism – Limpsfield Grange Students
- Pablo’s Feelings, Goodnight Pablo, Pablo and the noisy party, Pablo picks his shoes – Cbeebies

Non-fiction:

- Existing Autistic – Megan Rhiannon
- Stim – Lizzie ‘Huxley’ Jones
- Odd Girl Out - Laura James
- How to be autistic – Charlotte Amelia Poe
- The Reason I Jump – Naoki Higashida
- Fall down seven times, get up eight – Naoki Higashida
- Neurotribes – Steve Silberman
- The Awesome Autistic Go-To Guide: A Practical Handbook for Autistic Teens and Tweens – Yenn Purkis
- The Spectrum Girl’s Survival Guide – Sienna Castellon Camouflage: The Hidden Lives of Autistic Women – Dr Sarah Bargiela

TV

- The A Word Pablo’s World
- Chris Packham: Asperger’s and Me
- Are You Autistic? – Channel 4
- Everything Is Going to Be Okay
- Atypical

Further information: <https://autisticandunapologetic.com/category/autism-entertainment/>