



Warren Wood Progression Grid



| PSHE Skills and Knowledge | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Expected by the End of Year 1 (highlighted if you are following the PSHE condensed plan) | |
| Families and relationships | Health and wellbeing |
| <ul style="list-style-type: none"> • To explore how families are different to each other. • To explore how friendship problems can be overcome. • To explore friendly behaviours. • To recognise how other people show their feelings. • To identify ways we can care for others when they are sad. • To explore the ability to successfully work with different people. | <ul style="list-style-type: none"> • To learn how to wash my hands properly. • To learn how to deal with an allergic reaction. • To explore positive sleep habits. • To explore two different methods of relaxation: progressive muscle relaxation and laughter. • To explore health-related jobs and people who help look after our health. • To identify personal strengths and qualities. • To identify different ways to manage feelings. |
| Safety and the changing body | Citizenship |
| <ul style="list-style-type: none"> • To practise what to do if I get lost. • To identify hazards that may be found at home. • To understand people's roles within the local community that help keep us safe. • To learn what is and is not safe to put in or on our bodies. • To practise making an emergency phone call. | <ul style="list-style-type: none"> • To recognise why rules are necessary and the consequences of not following rules. • To discuss how to meet the needs of different pets. • To explore the differences between people. • To recognise the groups that we belong to. |
| Economic wellbeing | Transition |
| <ul style="list-style-type: none"> • To discuss how to keep money safe. • To discuss what to do if we find money. • To explore choices people make about money. • To develop an understanding of how banks work. | <ul style="list-style-type: none"> • To recognise our own strengths. |



**Warren Wood
Progression Grid**

