



Warren Wood Progression Grid



PSHE Skills and Knowledge	
Expected by the End of EYFS	
Families and relationships	Health and wellbeing
<ul style="list-style-type: none"> To talk about people that hold a special place in my life. To develop strategies to help when sharing with others. To explore what makes a good friend, To think about what it means to be a valued person. To explore the differences between us that make each person unique. To consider the perspectives and feelings of others. To learn to work as a member of a team. 	<ul style="list-style-type: none"> To discuss ways that we can take care of ourselves. To explore how exercise affects different parts of the body. To identify how characters within a story may be feeling. To identify and express my own feelings. To explore coping strategies to help regulate emotions. To explore different facial expressions and identify the different feelings they can represent. To explore ways to moderate behaviour, socially and emotionally. To cope with challenge when problem solving.
Safety and the changing body	Citizenship
<ul style="list-style-type: none"> To consider why it is important to follow rules. To explore what it means to be a safe pedestrian. 	<ul style="list-style-type: none"> To begin to understand why rules are important in school.
Early Learning Goals – Personal, Social and Emotional Development	
<p>Self-Regulation</p> <ul style="list-style-type: none"> To show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. To set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. To give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. <p>Managing Self</p> <ul style="list-style-type: none"> To be confident to try new activities and show independence, resilience and perseverance in the face of challenge. To explain the reasons for rules, know right from wrong and try to behave accordingly. To manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. <p>Building Relationships</p> <ul style="list-style-type: none"> To work and play cooperatively and take turns with others. To form positive attachments to adults and friendships with peers. To show sensitivity to their own and to others' needs. 	