



Warren Wood Progression Grid



PSHE Skills and Knowledge	
Expected by the End of Year 2 (highlighted if you are following the PSHE condensed plan)	
Families and relationships	Health and wellbeing
<ul style="list-style-type: none"> • To understand ways to show respect for different families. • To understand that families offer love, care and support. • To understand difficulties in friendships and discuss action that can be taken. • To learn how other people show their feelings and how to respond to them. • To explore the conventions of manners in different situations. • To explore how loss and change can affect us. 	<ul style="list-style-type: none"> • To explore the effect that food and drink can have on my teeth. • To explore some of the benefits of exercise on body and mind. • To explore some of the benefits of a healthy balanced diet. • To suggest how to improve an unbalanced meal. • To learn breathing exercises to aid relaxation. • To explore strategies to manage different emotions. • To develop empathy. • To identify personal goals and how to work towards them. • To explore the need for perseverance and developing a growth mind-set. • To develop an understanding of self-respect.
Safety and the changing body	Citizenship
<ul style="list-style-type: none"> • To discuss the concept of privacy. • To explore ways to stay safe online. • To learn how to behave safely near the road and when crossing the road. • To explore what people can do to feel better when they are ill. • To learn how to be safe around medicines. 	<ul style="list-style-type: none"> • To explain why rules are in place. • To identify positives and negatives about the school environment. • To learn how to discuss issues of concern to me. • To recognise the importance of looking after the school environment. • To identify ways to help look after the school environment. • To recognise the contribution people make to the local community.
Economic wellbeing	Transition
<ul style="list-style-type: none"> • To identify whether something is a want or need. • To recognise that people make choices about how to spend money. • To explore the reasons why people choose certain jobs. 	<ul style="list-style-type: none"> • To identify people who can help us when we are worried about changes.



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