



## Warren Wood Progression Grid



<b>PSHE Skills and Knowledge</b>	
Expected by the End of Year 5 (highlighted if you are following the PSHE condensed plan)	
<b>Families and relationships</b>	<b>Health and wellbeing</b>
<ul style="list-style-type: none"> <li>To identify ways families might make children feel unhappy or unsafe.</li> <li>To explore the impact that bullying might have.</li> <li>To explore issues which might be encountered in friendships and how these might impact the friendship.</li> <li>To explore and question the assumptions we make about people based on how they look.</li> <li>To explore our positive attributes and being proud of these (self-respect).</li> </ul>	<ul style="list-style-type: none"> <li>To develop independence for protecting myself in the sun.</li> <li>To understand the relationship between stress and relaxation.</li> <li>To consider calories and food groups to plan healthy meals.</li> <li>To develop greater responsibility for ensuring good quality sleep.</li> <li>To take responsibility for my own feelings.</li> </ul>
<b>Safety and the changing body</b>	<b>Citizenship</b>
<ul style="list-style-type: none"> <li>To develop an understanding of how to ensure relationships online are safe.</li> <li>To learn to make 'for' and 'against' arguments to help with decision making.</li> <li>To learn about the emotional changes during puberty.</li> <li>To identify reliable sources of help with puberty.</li> <li>To learn about how to help someone who is bleeding.</li> </ul>	<ul style="list-style-type: none"> <li>To explain why reducing the use of materials is positive for the environment.</li> <li>To discuss how rights and responsibilities link.</li> <li>To explore the right to a freedom of expression.</li> <li>To identify the contribution people make to the community and how this is recognised.</li> <li>To develop an understanding of how parliament and Government work.</li> <li>To identify ways people can bring about change in society.</li> </ul>
<b>Economic wellbeing</b>	<b>Transition</b>
<ul style="list-style-type: none"> <li>To discuss risks associated with money.</li> <li>To make a budget based on priorities.</li> <li>To discuss the role of money in selecting a job.</li> <li>To discuss how income can change and the feelings associated with this.</li> </ul>	<ul style="list-style-type: none"> <li>To recognise own skills and how these can be developed.</li> </ul>



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