



Warren Wood Progression Grid



PSHE Skills and Knowledge	
Expected by the End of Year 3 (highlighted if you are following the PSHE condensed plan)	
Families and relationships	Health and wellbeing
<ul style="list-style-type: none"> • To learn that problems can occur in families and that there is help available if needed. • To explore ways to resolve friendship problems. • To develop an understanding of the impact of bullying and what to do if bullying occurs. • To identify who I can trust. • To learn about the effects of non-verbal communication. • To explore the negative impact of stereotyping. 	<ul style="list-style-type: none"> • To discuss why it is important to look after my teeth. • To learn stretches which can be used for relaxation. • To develop the ability to plan for a healthy lifestyle with physical activity, a balanced diet and rest. • To explore my own identity through the groups I belong to. • To identify my strengths and exploring how I use them to help others. • To be able to breakdown a problem into smaller parts to overcome it.
Safety and the changing body	Citizenship
<ul style="list-style-type: none"> • To explore ways to respond to cyberbullying or unkind behaviour online. • To develop skills as a responsible digital citizen. • To identify things people might do near roads which are unsafe. • To begin to recognise unsafe digital content. • To explore that people and things can influence me and that I need to make the right decision for me. • To explore choices and decisions that I can make. • To learn what to do in a medical emergency, including calling the emergency services. 	<ul style="list-style-type: none"> • To explore how children's rights help them and other children. • To consider the responsibilities that adults and children have to maintain children's rights. • To discuss ways we can make a difference to recycling rates at home/school. • To identify local community groups and discussing how these support the community.
Economic wellbeing	Transition
<ul style="list-style-type: none"> • To discuss the range of feelings which money can cause. • To discuss the different attitudes people have to money. • To explore the impact our spending can have on other people. • To consider the advantages and disadvantages of different payment methods. 	<ul style="list-style-type: none"> • To learn strategies to deal with change.



**Warren Wood
Progression Grid**

